



# Kids' Menu

Sailors age 10 and under

## Salads and Soups

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<b>House Salad</b>	Crisp baby greens, topped with cucumber, grape tomatoes, and shaved carrots and served with Citrus Kiwi or Ranch dressing	\$ 5	<b>VG</b>
<b>Caesar Salad</b>	Crispy romaine lettuce, house-made bacon bits and croutons, fresh shaved Parmesan cheese and traditional Caesar dressing <i>For grilled chicken breast slices ADD \$4</i>	\$ 6	
<b>Cup of Soup</b>	Hearty Soup of the Day served with a house-made tea biscuit or Garlic Toast	\$ 6	
<b>Cup of Chowder</b>	Fresh haddock and shellfish, made with potatoes, onions and fresh vegetables in a creamy broth, served with a house-made tea biscuit or Garlic Toast	\$ 8	

## Meals

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<b>Chicken Bacon Ranch Wrap</b>	Served with Caesar Salad and apple slices or a handful of fries	\$ 9	
<b>Grilled Cheese Sandwich</b>	Served with Caesar Salad and apple slices or a handful of fries	\$ 8	
<b>Rice Bowl with mixed vegetables</b>	<i>For grilled chicken breast slices ADD \$4</i>	\$ 8	<b>VG</b>
<b>Mac n Cheese</b>	With a blend of cheeses, baked bubbly and golden, and served with Caesar Salad and apple slices	\$12	
<b>Kid-Size Cheeseburger</b>	Served with Caesar salad and apple slices or a handful of fries	\$10	
<b>Haddock Bites – OR – Chicken Fingers</b>	Served with Caesar salad and apple slices or a handful of fries	\$10	
<b>Poutine</b>	Fries topped with smooth brown gravy and a blend of cheeses	\$ 8	

## Desserts

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<b>Cookies</b>	<i>PLEASE ASK your Server about our Daily Selection</i>	\$ 2	
<b>Ice Cream</b>	<i>Kid-Size portion of French Vanilla or Chocolate ice cream with Caramel or Chocolate sauce and whipped topping</i>	\$ 4	

**V** = Vegetarian    **GF** = Gluten-Free



ALL MENU PRICES ARE SUBJECT TO HST and a 15% GRATUITY.